

Dental Sleep Medicine and An Airway Focused Practice
A Beyond the Basics, Hands-On, Practical Program
Friday-Saturday, August 9-10, 2019
Embassy Suites, – Charlotte, North Carolina

Preliminary Schedule
Friday, August 9, 2019

7:30 – 8:15	Registration Continental Breakfast
8:15 - 8:30	Welcome and Introductions
8:30-10:15	Mark Abramson, DDS - The Airway Focused Practice - Breathing, Sleep, TMJ, Bruxism, Mouth Breathing, Nasal Obstruction / Resistance, Overall Health in Adults and Children, 3D Airway Imaging
10:15-10:30	Break
10:30-12:00	Mark Abramson, DDS - Sleep Overview, Understanding Sleep Terminology to Talk with Physicians, Sleep Techs and Patients: Key Information to Understand from the Sleep Study when Developing a Treatment Plan using Oral Appliance Therapy to Treat Patients with Sleep Apnea, Snoring & Sleep Disordered Breathing; AASM / AADSM Guidelines for Dentists Treating Sleep Disorders
12:00-12:55	Group Lunch
1:00- 2:30	Mark Abramson, DDS – Guidelines for Treating Different Patient Groups Patients Referred by a Physician, Patients Not Wearing or having Difficulty with His/Her CPAP, Patients Screened in Your Office, Patients / Spouses Wanting a Snoring Device; Screening Your Patients; Your Health Questionnaire & Discussing the Co-Morbidities of Untreated Sleep Apnea with Your Patients; The Benefits of an Airway-Focused Exam in Evaluating, Developing a Treatment Plan for More Successful Treatment of a Sleep-Disordered Breathing Patient with Oral Appliance Therapy; Presenting an Informed Consent Form to the Patient regarding Sleep Apnea, Oral Appliance Therapy, Possible Side Effects & Patient Responsibility
2:30- 2:45	Break
2:45- 4:00	Mark Abramson, DDS – Oral Appliance Therapy; Types of Mandibular Advancement Appliances; Medicare Compliant Appliances, Considerations when Selecting an Appliance - Dentition Limitations, Dentures, Partials, Nasal Obstruction / Resistance, Severe OSA, Treating Sleep Apnea during Invisalign Treatment, etc.
4:00– 4:30	Mark Abramson, DDS & Kathy Moore – Medical Insurance - Its Benefits, Influence and Challenges to Dentists Treating Sleep Disorders with Oral Appliances; Most Patients want Medical Insurance to help Pay for Oral Appliance Therapy; What Documentation is Needed by the Dentist to get Medical Insurance Companies to Pay for Treatment? What are the Medical Codes? How to Check Benefits and Pre-Authorize Treatment before Starting? What happens if I am not getting paid?
4:30	Day One Conclusion

Preliminary Schedule
Saturday, August 10, 2019

- 7:30– 8:00** **Continental Breakfast**
- 8:00- 8:45** **Mark Abramson, DDS & Yee Vang – Hands-On Learning & Demonstration**
Hands-On Look & Discussion of Various Oral Appliances & How They are Adjusted
- 8:45-10:00** **Mark Abramson, DDS & Yee Vang – Hands-On Learning & Demonstration**
Delivery and Adjustment of Doctor Appliances Made Prior to the Course
- 10:00-10:15** **Break**
- 10:15-11:30** **Mark Abramson, DDS & Yee Vang – Hands-On Learning & Demonstration**
Impression Techniques – Alginate, PVS, Digital Impressions;
Understanding the Importance of the Construction Bite; Tools that can be used to capture a Good Bite for the Lab to provide a More Comfortable, Well-Functioning Appliance;
Morning Deprogrammer – A Good Tool after Wearing a Mandibular Advancement Device all night to help the Patient Reestablish His/Her Normal Occlusion and to help Minimize Bite Changes over time; Learn Oral Exercises to Assist with Reestablishing the Bite
Educating the Sleep Tech on Titrating an Oral Appliance During a Sleep Study
This can be an Invaluable Tool to Build Your Relationship with the Sleep Tech and See Your Oral Appliance Results Greatly Improve and Increase Referrals
Hands-On Learning
Opportunity to have Impressions & a Bite Taken for a Personal Appliance to be Made
Take Bites on Each Other's
Make a Morning Deprogrammer
- 11:30-12:00** **Mark Abramson, DDS – Concluding Thoughts, Questions & Answers**
Results of Study Published regarding Success with Oral Appliance Therapy on Severe OSA Patients with the Sleep Tech Participating in Titrating the Appliance during the Follow-Up Sleep Study
Trouble-Shooting Challenges with Oral Appliance Therapy, Tips to Improve Results
Other Questions & Answers
- 12:00** **Conclusion – Evaluations, CE Distribution**